

Packing list

Required:

- Bedding
- Towels, wash cloths
- Toiletries (soap, tooth paste, brush, ect.)
- Warm boots
- Extra Boots
- Personal Medications (if applicable)
- Warm, outdoor clothing
- Winter hat
- Gloves
- Watch
- Rain clothing

Clothing tip: Dressing in layers is a very effective and comfortable way to live in the woods. A good "woods" outfit would be thermal tops/bottoms, wool socks, heavy pants (not jeans), flannel shirt, sweater, weatherproof parka, gloves, neck gaiter, and a knit cap. This system allows you to shed layers due to warmth and exercise while creating more warmth through trapping air.

Optional

- Your personal survival kit
- Well-constructed knife (our preference is a fixed blade but a folder would work too)
- Day pack or sling bag (for carrying items throughout the day or storing unneeded clothing layers)
- Flashlight